

## Roasted Red Pepper Tomato Soup

1 large red pepper  
1 onion  
1 garlic clove  
1 T olive oil w/basil  
2 T butter

Sauté until onions are transparent.

3 cup vegetable stock  
1 T flour  
Add to sautéed mixture.

Add Seasonings -  
2 tsp onion powdered  
1/4 tsp garlic powder  
1 tsp salt  
3/4 tsp basil  
1/8 tsp oregano  
2 T chicken seasoning

Add Liquids -  
2 cup almond milk  
3 cup whole canned tomatoes in juice  
1 C tomato puree

Combine and simmer, and then puree in blender or with handheld food mill.

Garnish with croutons, grated parmesan cheese, and minced parsley – as desired.